



# Family Friendly Public Places

## How Family Friendly is your public places?

This self-assessment checklist is designed to evaluate indoor places that are open to the public and helps you to identify improvements you can make to help welcome families into you organization.

## How to use this checklist

1. Check your own indoor public spaces by using this list.
2. Display the Family Friendly decal in your window if you feel you measure up!
3. Let us know about your commitment to having a Family Friendly space and your business name will be displayed on our website.
4. Make plans to become (even more) Family Friendly.

Check the boxes that indicate your child-friendly practices:

We provide:	NOT YET	ALMOST THERE	YES!
Special parking spaces designated for new and expectant mothers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clear signage to restrooms.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public or private restrooms available to children (with/without purchasing other services).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Flexible work arrangements (e.g. compressed work week, flexible hours, and tele-work options).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clean and safe changing table in women's restroom.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clean and safe changing table in men's / unisex restroom.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A flip-down child's toilet seat installed on one or more toilets.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A sink installed at child's height or sturdy step stool provided.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Towels and soap dispensers within child's reach.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Quiet, clean, comfortable area for breast-feeding mothers (not in restroom or bathroom).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A play area equipped with clean, safe toys and books for children, including school-age children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easy stroller access and/or stroller parking area.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Give-away items (stickers, non-toxic crayons, toothbrush) for children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staff to regularly greet children and make them feel welcome.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staff to offer assistance to parents (folding strollers, carting bags, reaching items).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Things at children's level for them to see.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please turn over



We provide:	NOT YET	ALMOST THERE	YES!
Photos of neighborhood children or children's artwork.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A safe environment free of hazards for young children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Seating for (expectant mothers) moms.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### Restaurants

A children's menu or child-sized portions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy food choices.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crayons with appropriate pictures to colour or other toys at the table.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Straws and/or plastic cups.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Child-size utensils.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wait staff friendly to children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crackers or other appetizers are offered to hungry children who must wait.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Care when serving hot foods.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High chairs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### Retail and Service Businesses, Government Offices

A children's play area adjacent to area where parents conduct business.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Special line-ups for families with children during busy/peak hours.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
An environment free of candy and other temptations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety mechanisms on shopping carts (if applicable).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Small shopping carts for children (if applicable)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Handy-wipes at store entrance to wipe bars of shopping carts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate yourself according to the criteria below. You don't have to check every box to call yourself Family Friendly. Pat yourself on the back for doing what you can and challenge yourself to try one thing more!

**What counts is that our community is doing its best to welcome families and children.**

**How are you doing?**

NOT YET	ALMOST THERE	5+ ✓ YES!
Our venue has opportunities for improvement. This checklist gives us ideas about becoming more family friendly- some that we will try to implement right away!	We're doing well, although there is still room for improvement. We're on our way to becoming family friendly. We will try to implement some new ideas!	<b>Yes, our place is Family Friendly! We will proudly place the Family Friendly Places decal in our window and contact you to share our success!</b>



# Family Friendly Workplaces

## How Family Friendly are your human resources practices?


This self-assessment checklist is designed to evaluate your outdoor spaces, such as playgrounds and sidewalks, and help you identify areas that can be improved to create safe and pleasant outdoor spaces for children and families.

### How to use this checklist

1. Think about your workplace policies by using the checklist.
2. Display the Family Friendly decal in your window if you feel you measure up!
3. Let us know about your commitment to having a Family Friendly space and your business name will be displayed on our website.
4. Make plans to become (even more) Family Friendly.

**Our workplace has a work-life balance program.**  
Benefits listed below (please check all that apply).

We provide:	NOT YET	ALMOST THERE	YES!
Child care and/or elder abuse initiatives and support.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Employee and Family Assistance Program (e.g. counseling services for marital, parenting and bereavement issues).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Flexible work arrangements (e.g. compressed work week, flexible hours, and tele-work options).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reduction of work arrangements (e.g. regular part time, job sharing, pre-retirement work reduction).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Leave benefits (e.g. emergencies, bereavement, birth, adoption, family funerals, medical/dental appointments, maternity/paternity, sick, vacation).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our employees are fully aware of the work-life balance programs and benefits that are available to them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our workplace encourages employees to take advantage of Family Friendly benefits that suit their needs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our workplace encourages employees to take time off work to care for their children or family members when there is an illness or emergency.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our workplace encourages open communication and conducts on-going assessments with our employees to identify their work-life balance needs and desires.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please turn over 

	NOT YET	ALMOST THERE	YES!
Our managers are aware of and fully understand the importance of a healthy work-life balance in order to have a positive and productive work place environment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our managers receive training and have the necessary knowledge and tools to implement Family Friendly Practices.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our managers support work-life balance through "leading by example".	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Our work-life programs are connected to our business/human resources plan to address recruitment and retention issues.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We organize work-related events that include the whole family (e.g. Easter egg hunt and family skate).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate yourself according to the criteria below. You don't have to check every box to call yourself Family Friendly. Pat yourself on the back for doing what you can and challenge yourself to try one thing more!

**What counts is that our community is doing its best to welcome families and children.  
How are you doing?**

NOT YET	ALMOST THERE	3+ ✓ YES!
Our workplace has opportunities for improvement. This checklist gives us ideas that we will explore. Visiting the Government of Canada's Work-Life Balance website is a first step <a href="http://www.hrsdc.gc.ca/en/lp/spila/wlb/01home.shtml">www.hrsdc.gc.ca/en/lp/spila/wlb/01home.shtml</a> .	Our workplace is doing very well in supporting the work-life balance needs of employees. There is still room for improvement but we positive and productive workplace environment. We will try to implement some new ideas and have a look at Government of Canada's Work-Life Balance website <a href="http://www.hrsdc.gc.ca/en/lp/spila/wlb/01home.shtml">www.hrsdc.gc.ca/en/lp/spila/wlb/01home.shtml</a> .	Yes, we have created a progressive workplace that is Family Friendly and fully committed to employees work-life balance! We will proudly place the Family Friendly Workplaces decal in our window and contact you to share our success!